

A Prayer for Love

I ask for the wisdom, grace, and courage for my MIND's thoughts to be filled with LOVE for self and all others.

I ask for the wisdom, grace, and courage for my SOUL's spoken words to be filled with LOVE for self and all others.

I ask for the wisdom, grace, and courage for my BODY's feelings and actions to be filled with LOVE for self and all others.

I ask for the wisdom, grace, and courage for the SPIRIT of my Being to infuse all my beliefs with LOVE, so that my thoughts, words, and deeds can manifest LOVE.

The student and teacher of LOVE within me, honours the student and teacher of LOVE within all others.

Namaste / Amen.