

DARE TO ASK

Your Personal Journal Pages



www.jacquiburnett.com



DARE TO ASK

22 February 2016

This morning as I was finishing the layout of your journal pages, a dear friend brought my attention to a reading from one of my favorite philosophers and spiritual teachers. In light of the courageous journey you are about to undertake, I wanted to share this powerful message.

Warm love to you all
Jacqui

Being alive is a paradox, an ongoing mix of things that on the surface don't always seem to make sense. But voicing what doesn't seem to make sense helps. It's like an orchestra tuning up to play together. We have no chance of discovering the fullness of our inner music, if we don't let the players in our hearts and minds and spirits tune.

Often, confusion is the tension of trying to make sense of things too soon, before enough of the inner players have learned their parts. Often, experience is the way that the heart and mind and spirit practice what they need to play.

Isn't the trail of our relationships the time it takes for the heart to practice its part in the movement we call Love? Isn't the trail of our honest questions the time it takes for the mind to practice its part in the movement we call Wisdom? Isn't the trail of our changing beliefs the time it takes for the spirit to practice its part in the movement we call God?

And isn't our trail of Oneness, those brief moments when everything comes together, isn't this the time it takes for Love and Wisdom and God to bring the common place in us alive?

Mark Nepo, The Book of Awakening.











Lined writing area with 25 horizontal lines.















A large rectangular area with a purple border, containing 25 horizontal purple lines for writing.





Bravery requires
denying fear.

Courage requires
compassion for fear.

Dare to live
with courage.


www.jacquiburnett.com











A large rectangular area with a light purple border, containing 25 horizontal lines for writing, spaced evenly down the page.







